

# VIRTUAL CAMPING

## TEACHERS GUIDE

<b>SESSION NAME:</b>	<b>BUILDING A SHELTER IN THE OUTDOORS YEAR 7 &amp; 8</b>
<b>DURATION:</b>	40 MINUTES

### SESSION DESCRIPTION:

- An introduction to tarp use and how to build/design shelters for purpose
- Reinforcing knots knowledge already learnt in knots session
- Discuss importance of building shelter in the outdoors

### CURRICULUM LINKS:

#### PERSONAL AND SOCIAL CAPABILITY

- Discuss the range of strategies that could be used to cope with difficult tasks or changing situation ([VCPSCSE036](#))

#### HEALTH AND PHYSICAL EDUCATION

- Plan and implement strategies for connecting to natural and built environments to promote the health and wellbeing of their communities ([VCHPEP131](#))

### TEACHER REQUIRED RESOURCES

- Area to construct shelters
- Loaded building shelter in the outdoors video

### PARTICIPANT REQUIRED RESOURCES

- Tarps, cuts of rope, bed sheets, drop sheets materials that will work.
- If a school has access to an outdoor space with sticks etc this can be used instead of tarps to build huts etc.
- Access to an area where shelters can be built – playgrounds, classrooms etc.

### LOCATION/AREA SET UP:

- Appropriate space that is clear or large enough to build shelters in. Classroom with tables and chairs pushed to the side, outdoor space such as a playground, indoor hall space etc. this will be at the schools discretion as it will vary school by school.
- Set-up – tarps, ropes and any other equipment required to build shelters with.

### SESSION DESCRIPTION:

#### MAIN CONTENT:

- Pause video at 4:35
- It's time for the students to build their shelters
- Students need to decide if they are going to be building their shelters inside or outside.
- If inside: see what resources are available to use
- If outside: check the weather forecast before heading outside. Give students instructions on where they can build
- Class needs to be split up into 5 even groups and assigned a shelter building scenario
- Press Play
- Pause video at 4:46
- Shelter building scenarios:
  - Shelter that can withstand strong winds
  - Shelter that can accommodate 12 people
  - Shelter for a hot sunny day with no trees around to seek shelter from
  - Shelter that can withstand forecasted heavy rain
  - Shelter that sleeps person
- Once assigned press play
- Pause video at 5:00
- When building shelter the students must take into consideration:
  - Direction of wind and strength
  - Dangerous trees in the area that might land on shelter if they fall
  - Surface and flatness of the ground
  - Forecasted weather
- When building shelter students can use knots that were covered in "Knot-Tying" session
  - [Half Hitch](#)
  - [Clove Hitch](#)
  - [Square Lashing](#)
- When building shelter students must follow important safety rules:
  - Don't lift anything too heavy
  - Don't lift and place anything above your head while standing
  - Steer clear of wobbly constructions
- Press Play once covered the rules
- Students now have the opportunity build their shelter. This can be completed as a whole class or in smaller individual groups.
- If students are building their shelter indoors then once they are completed turn on the indoor fans and see if their shelter blows over. This is to simulate wind
- If students are building shelter outdoors then once they have completed building shelter throw a bucket of water over the top of it (with no students underneath) to test the waterproofness of their shelter.
- Press play once challenges have been completed.

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### SESSION DESCRIPTION CONT:

#### **DEBRIEF/FAREWELL:**

- Students to present shelters to each other – Welcome to my shelter: this is a good debrief tool as they can discuss reasons why and demonstrate learnings around shelter
- If they were to go on an expedition this weekend what materials at home do they have that they could use? Remember you want things that are waterproof.
- Deconstruction of the shelters