

How to cook rice



Serves 2

Ingredients

1 cup basmati rice

2 cups water



Microwave

1. Add the rice and water to a microwave safe container (with lid). Microwave on high for 7-10 minutes with the lid slightly open.
2. Remove, fluff with a fork and serve.

Stovetop

1. Heat rice and water in a pot on medium-high heat. Bring water to the boil. Once boiling, remove from heat and set aside for 10 minutes.
2. Fluff with a fork, then serve.

Tip

Serve with a flavour-packed curry and a side of vegetables