

A Bill for an Act relating to Healthy Eating Program Bill 2020.

To be enacted by the YMCA Victoria Youth Parliament

## **Healthy Eating Program Bill 2020**

A Bill to address the obesity crisis particularly among children and young people through the implementation of the Healthy Eating for Every Young Victorian program (HEEYV). The Bill was written to address the reality that despite the frameworks of the Healthy Eating Advisory Service (HEAs) and the Victorian Healthy Eating Enterprise, there is a huge prevalence of obesity specific to young Victorians as they struggle to maintain healthy eating and physical activity habits.

Through the establishment of the HEEYV, the Bill seeks to ensure that young Victorians will be empowered and educated about healthy eating and dieting safely. To achieve these outcomes, HEEYV will lead a statewide health education reform resulting in demographic-specific health education and opportunities for young Victorians.

## PART I—Preliminary

### Clause 1 Purpose

The main purposes of this Act are—

- (a) to address the obesity crisis, specifically amongst young Victorians;
- (b) to ensure that every young Victorian is aware of how to sustain healthy eating habits throughout their lives;
- (c) to establish a healthy eating education reform specific for young Victorians.

### Clause 2 Commencement

This Bill shall commence upon receiving assent from the Youth Governor of Victoria.

### Clause 3 Definitions

In this Bill, we define the following to mean—

- (a) **HEEYVC** means the Healthy Eating for Every Young Victorian Committee established as a sub-department of the VHEE;
- (b) **HEAS** means the Healthy Eating Advisory Service;
- (c) **VHEE** means the Victorian Healthy Eating Enterprise;
- (d) **VCAA** means the Victorian Curriculum Assessment Authority;
- (e) **DoET** means the Department of Education and Training
- (f) **healthy eating** means the practice of eating a variety of foods that equip an individual with the nutrients required to maintain good health and wellbeing;
- (g) **physical activity** means any bodily movement produced by skeletal muscles that require purposeful energy expenditure.

## PART II—Establishment

### Clause 4 Establishment of the HEEYVC

- 4.1 A sub-department shall be established within the Victorian Healthy Eating Enterprise to be known as the Healthy Eating for Every Young Victorian Committee.
- 4.2 The responsibilities of the HEEYVC shall be as follows—
  - (a) to establish a co-operative partnership with all local councils, the Department of Education and Training and the Victorian Curriculum and Assessment Authority;
  - (b) to provide young Victorians with the opportunity to directly engage with healthy eating standards, information and opportunities by integrating community healthy eating campaigns and programs with student education.

**Clause 5      Healthy eating curriculum standards**

- 5.1 Healthy eating curriculum developed by collaboration between HEEYV and the DoET and VCAA, HEEYV, shall be designed appropriately to foster the engagement of each individual year level.
- 5.2 The curriculum shall include but not be limited to—
  - (a) basic healthy eating and physical education;
  - (b) cooking and shopping classes;
  - (c) opportunity to sample a range of physical sports and activities.

**Clause 6      Revision of school canteens**

- 6.1 The HEEYV will review the Victorian Government's School Canteens and Other School Food Services Policy.
- 6.2 The review shall—
  - (a) establish a framework for Victorian school canteens to promote healthy eating standards;
  - (b) redefine what is to be made available for students to purchase such that an 80% majority of all food and drinks sold within Victorian canteens falls within the VHEE guidelines of healthy food.

**Clause 7      Council Community Programs**

- 7.1 HEEYV will collaborate with local councils to advertise local healthy initiatives to Victorian young people, including but not limited to—
  - (a) community gardens;
  - (b) locally coordinated recreational activities and spaces.